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## CHIROPRACTIC PATIENT HISTORY

Please complete this confidential history questionnaire. The consultation is offered to determine if you are a candidate for chiropractic care. Your answers will help us to help you. The human body is designed to be healthy. Throughout life, events occur which damage your health. This consultation will uncover the layers of damage, especially to your nervous system and spine that can result in poor health. Thank you for choosing CHAMPION CHIROPRACTIC to meet your health care needs.

### PATIENT INFORMATION:

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email \_\_\_\_\_ Sex \_\_\_\_\_ Marital Status \_\_\_\_\_ No. of children \_\_\_\_\_ Social Security: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Name of Spouse \_\_\_\_\_ Occupation \_\_\_\_\_

Person to contact in case of emergency \_\_\_\_\_ Phone \_\_\_\_\_

Family Physician \_\_\_\_\_ Phone \_\_\_\_\_

Whom may we thank for referring you to us? \_\_\_\_\_

### **Major Complaints (reason for your visit):**

A) \_\_\_\_\_ C) \_\_\_\_\_

\_\_\_\_\_

B) \_\_\_\_\_ D) \_\_\_\_\_

1. Which of your major complaints bothers you the most? \_\_\_\_\_

2. On a scale of 1 to 10, how bad is it? (0 being none; 10 being the worst) \_\_\_\_\_

3. How long have you had this complaint(s)? \_\_\_\_\_

4. Prior to this problem beginning, did you ever have an earlier problem that was the same or similar and when? (Explain) \_\_\_\_\_

5. For your present condition did your pain appear [ ] Slowly [ ] Suddenly?

6. How often does it bother you now? \_\_\_\_\_

7. When it is at its worst, how does it feel? \_\_\_\_\_

8. What activities aggravate current condition? \_\_\_\_\_

9. What do you do to relieve current condition? \_\_\_\_\_
10. What other treatments have you tried for this condition?  
 Chiropractic  Physical Therapy  Anti-inflammatory Medication (NSAIDS)  Pain Medication  
 Cortisone Injections  Surgery  Other \_\_\_\_\_
11. Have any other doctors treated this condition? \_\_\_\_\_  
 If so, who and when? \_\_\_\_\_
12. What testing have you had related to this condition?  xrays  MRI  CAT scan
13. Is this due to an injury from Employment? \_\_ Auto Accident \_\_ Personal Injury \_\_
14. How is your current condition affecting you?  
 Work,  Home,  Recreational Activities ,  Relationships,  Sleep
15. When it is at its worst, how does it interfere with your normal daily activities?  
 \_\_\_\_\_
16. Do you think your problem is getting worse?  Yes  No
17. What do you think is causing your pain? \_\_\_\_\_
18. Women: Are you pregnant or is there any possibility you might be pregnant? \_\_\_\_\_

### SOCIAL HISTORY

If not applicable, write N/A. Please indicate how much you consume of the following per day or weekly.

- Alcohol: \_\_\_\_\_
- Coffee: \_\_\_\_\_
- Tobacco: \_\_\_\_\_
- Pain relievers: \_\_\_\_\_
- Soft drinks: \_\_\_\_\_
- Water intake: \_\_\_\_\_

Please indicate how often you engage in the following per day/week.

- Exercise: \_\_\_\_\_
- Hobbies: \_\_\_\_\_

Rate your food intake:      1      2      3      4      5      6      7      8      9      10  
 1=Poor-Processed Foods/Take Out/Fast Food      10=Excellent, Organic, Fresh, Healthy

### FAMILY HISTORY

RELATIVE	AGE- if living	ILLNESSES	Age at Death
Mother:	_____	_____	_____
Father	_____	_____	_____
Sibling 1	_____	_____	_____
Sibling 2	_____	_____	_____
Sibling 3	_____	_____	_____
Sibling 4	_____	_____	_____

**INSURANCE VERIFICATION SECTION:**

Primary Insurance Carrier:

Name of Insured \_\_\_\_\_ Relationship \_\_\_\_\_  
Insured's S.S. # \_\_\_\_\_ Policy # \_\_\_\_\_ Group# \_\_\_\_\_  
Insurance Company Name \_\_\_\_\_  
Insurance Company Address \_\_\_\_\_  
Insurance Company Telephone Number \_\_\_\_\_  
Company Insured Works For \_\_\_\_\_

Secondary Insurance Carrier:

Name of Insured \_\_\_\_\_ Relationship \_\_\_\_\_  
Insured's S.S. # \_\_\_\_\_ Policy # \_\_\_\_\_ Group# \_\_\_\_\_  
Insurance Company Name \_\_\_\_\_  
Insurance Company Address \_\_\_\_\_  
Insurance Company Telephone Number \_\_\_\_\_  
Company Insured Works For \_\_\_\_\_

I understand and agree that health and accident policies are an arrangement between an insurance carrier and myself. I authorize Champion Chiropractic to release any medical or other information necessary to process any health or accident insurance claims to any insurance company, adjuster or attorney involved in this case. I understand that this office will prepare any necessary reports or claim forms to assist me in making collection from the insurance company and that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care or treatment, and fees for professional services rendered to me will be immediately due and payable. If my delinquent account is sent to a collection agency a 25% collection fee will be added. I certify that the forgoing information and statements are true and correct.

I instruct the Doctor(s) to deliver the care that, in his or her professional judgment, can best help me in the restoration of my health.

I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails, or health information to me as an extension of my care in this office.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's or Guardian's Signature, if patient is a minor \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Following your examination, we will outline a program of care to begin to correct these layers of damage and to help you recover your health potential. Please let us know if there is any reason that you cannot follow this program of care.**

**Review of Systems:**

**Do you CURRENTLY have? (IF YES, CHECK OFF APPROPRIATE CIRCLES)**

**GENERAL**

- Fatigue
- Fever
- Weight Gain > 10 pounds
- Weight Loss > 10 pounds

**SKIN**

- Rash
- Skin Cancer

**HEAD, EYES, EARS**

- Double Vision
- Decreased Hearing
- Ear Ache
- Ear Ringing

**GASTROINTESTINAL**

- Abdominal Pain
- Constipation
- Diarrhea
- Nausea
- Vomiting
- Food Sensitivities
- Heartburn/GERD

**ILLNESSES**

Check off the illnesses you have HAD in the past or HAVE now.

<b>Had</b>	<b>Have</b>
___	___ Alcoholism
___	___ Allergies
___	___ Arteriosclerosis
___	___ Cancer
___	___ Diabetes
___	___ Epilepsy
___	___ Glaucoma
___	___ Heart Disease
___	___ Hepatitis
___	___ HIV/AIDS
___	___ Multiple Sclerosis
___	___ Rheumatic Fever
___	___ Stroke
___	___ Ulcer
___	___ Other _____

**GENITOURINARY**

- Painful Urination
- Increased Frequency
- Kidney Stones
- Incontinence
- Bowel or Bladder Impairment

**MUSCULOSKELETAL**

- Joint Pain
- Joint Swelling
- Joint Stiffness
- Muscle Aches/Pains
- Osteoporosis

**NEUROLOGICAL**

- Dizziness/Vertigo
- Headaches
- Numbness/Tingling
- Passing out/Fainting
- Seizures

**PSYCHIATRIC**

- Anxiety
- Change in Sleep Pattern
- Depression

**ALLERGIES**

Are you allergic to any medications?

\_\_\_ Yes \_\_\_ No

If YES, please list:

\_\_\_\_\_

\_\_\_\_\_

**OPERATIONS**

- \_\_\_ Appendix Removal
- \_\_\_ Bypass Surgery
- \_\_\_ Cancer
- \_\_\_ Cosmetic Surgery
- \_\_\_ Elective Surgery: \_\_\_\_\_

- \_\_\_ Eye Surgery
- \_\_\_ Hysterectomy
- \_\_\_ Pacemaker
- \_\_\_ Spine: \_\_\_\_\_

- \_\_\_ Tonsillectomy
- \_\_\_ Vasectomy
- \_\_\_ Other: \_\_\_\_\_

**RESPIRATORY**

- Chronic Cough
- Decreased Exercise Tolerance
- Difficulty Breathing
- Wheezing

**CARDIOVASCULAR**

- Chest Pain
- Leg Swelling
- Palpitations
- Shortness of Breath
- Low Blood Pressure
- High Blood Pressure

**ENDOCRINE**

- Appetite Changes
- Cold Intolerance
- Increased Thirst
- Increased Urination
- Thyroid Issues

**TREATMENTS**

Check the ones you've received in the PAST or are receiving CURRENTLY.

<b>Past</b>	<b>Currently</b>
___	___ Acupuncture
___	___ Antibiotics
___	___ Chemotherapy
___	___ Chiropractic Care
___	___ Herbs
___	___ Homeopathy
___	___ Massage Therapy
___	___ Physical Therapy
___	___ Medications

Please list below all prescription, over-the-counter, natural supplements, enzymes, vitamins, and minerals:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## ACTIVITIES DISCOMFORT SCALE

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

For each of the following activities, please place a check in the one column that best describes how much pain the activity presently causes, on the average (does not include unusual or prolonged activity).

	0	1	2	3	4
Activity	Doesn't Hurt	Hurts a Little	Hurts Very Much	Almost Unbearable	Unbearable
1. Walking					
2. Sitting					
3. Bending					
4. Standing					
5. Sleeping					
6. Lifting					
7. Running or Jogging					
8. Climbing Stairs					
9. Carrying					
10. Pushing or Pulling					
11. Driving					
12. Dressing					
13. Reading					
14. Watching TV					
15. Household Chores					
16. Gardening					
17. Sports					
18. Employment					
Other: _____					
Totals					

COMMENTS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

SCORE: \_\_\_\_\_